



**Orion Counseling & Consulting LLC**  
**Marian Frick Rigsbee, LCSW, MAC**  
**6524 North Carrollton Avenue Indianapolis, IN 46203**  
[marian@orioncounselingandconsulting.com](mailto:marian@orioncounselingandconsulting.com)  
**317.225.0380**

**I truly appreciate you taking the time to fill out this important information. Please let me know if you have any questions or concerns.**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Marital Status: \_\_\_\_\_

Gender identity: \_\_\_\_\_

Have you ever served in the Military? \_\_\_\_\_ If so, what branch? \_\_\_\_\_

Employer: \_\_\_\_\_

Self-Pay: \_\_\_\_\_

**Insurance Information**

Insurance Company \_\_\_\_\_

Policy Number/ID: \_\_\_\_\_

Group Number/ID: \_\_\_\_\_

Policy Holder's name and DOB if different from yours: \_\_\_\_\_

**Credit/Debit Card to keep on file (this is a requirement to begin services):**

Card Number: \_\_\_\_\_ Exp: \_\_\_\_\_ CVV: \_\_\_\_\_

**Physical, Mental Health, & Substance Use Information**

How did you hear about Orion Counseling? \_\_\_\_\_

What is your primary reason for seeking therapy? \_\_\_\_\_

\_\_\_\_\_

**Last Physical Exam by a Medical Provider:** \_\_\_\_\_

**Please list any medical/physical conditions or concerns:** \_\_\_\_\_

**Please list any current medications (including over-the-counter) and dosages:**

\_\_\_\_\_  
\_\_\_\_\_

**Have you ever made preparations for or attempted suicide? If so, when?** \_\_\_\_\_

**Please share any previous counseling experiences (including psychiatric hospitalizations):**

\_\_\_\_\_  
\_\_\_\_\_

**Please share any family history of mental health/substance use challenges, or suicide:**

\_\_\_\_\_  
\_\_\_\_\_

**Please share any substance use, including tobacco, vaping and caffeine:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Do you have any current/past legal problems? If so, please describe:** \_\_\_\_\_

\_\_\_\_\_

**Please circle any symptoms that you have had in the past month:**

difficulty falling asleep    difficulty staying asleep    poor appetite/overeating low energy  
difficulty concentrating    hopelessness    helplessness    worthlessness    guilt    shame  
frequent tearfulness    mood swings    weight loss    weight gain    bodily aches/pains  
repeatedly going over thoughts    irritability    isolating yourself    suicidal thought  
difficulty relaxing    feeling nervous/anxious/on edge    psychosis (hallucinations/delusions)  
panic attacks    nightmares    flashbacks    mania    thoughts of hurting others  
thoughts of hurting yourself    intrusive thoughts

**Other:** \_\_\_\_\_

**Please read and *initial* each statement indicating your understanding and agreement to each of the following:**

\_\_\_\_\_ I agree I have provided and will continue to provide accurate information to the best of my ability.

\_\_\_\_\_ I give my permission to Orion Counseling & Consulting, LLC to administer assessments, treatments and procedures as are deemed necessary.

\_\_\_\_\_ I have received Privacy Rules and notification of my rights of confidentiality of alcohol and drug abuse records. I understand that disclosure of information will not be released to others without my signed consent, except in cases of emergency, or when required by law (child abuse or neglect, imminent danger to myself or others).

\_\_\_\_\_ As authorizing signature, I guarantee to assume sole financial responsibility for myself or my minor, including services not paid for by my verified and assigned insurance within 60 days.

\_\_\_\_\_ I understand that there is a 24-hour cancellation policy and that I may be charged for a full session for not canceling within this time frame or for a missed appointment.

\_\_\_\_\_ I understand that I can call the confidential voicemail or e-mail the confidential e-mail address of Orion Counseling & Consulting LLC at any time, but that Orion Counseling & Consulting LLC cannot ensure immediate availability. I understand that my calls and/or e-mails will be returned within 24 hours on the next business day. I also understand that Orion Counseling has the right not to respond to e-mail or text. I understand that text will only be used for scheduling and routine communication.

\_\_\_\_\_ I authorize Orion Counseling & Consulting, LLC and their staff to release all or any part of my medical records to my insurance company(s) and assign all insurance benefits to be paid to Orion Counseling, LLC, that would have been otherwise payable to me.

**I understand and agree to the above statements:**

\_\_\_\_\_  
**Client Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Therapist/Owner Signature**

\_\_\_\_\_  
**Date**